

DEVELOPMENT SQUADS

Jumping Joeys
Bouncing Bilbies
Moving Monkeys
Tumbling Tigers



739 George St. South Windsor
0435 155 834
www.kstp.com.au

Welcome to KSTP

Kachan School of Tumbling & Performance (KSTP) has been operating since 2009. KSTP is a family run business with owners Dzmityr and Rebecca Kachan continually developing the club ensuring the gym has the latest equipment and training aids to assist the athletes.

KSTP has been recognized as one of the most sophisticated training clubs in Australia for the sport of Tumbling.

Dima is head NSW and Australian tumbling coach. He has developed National tumbling and trampoline competitors who have gone on to win many titles. Internationally we have a good reputation in tumbling, with athletes making the finals and even winning medals including the 2015 World Age Group Champion in under 15 men.

Our coaches are dedicated to the sports of Tumbling, Double Mini Tramp and Trampolining, most of whom are current or past athletes of the club. All our coaches have their accreditation through Gymnastics Australia with many also holding their judges accreditation.

At KSTP, our focus is on providing a quality experience for all our members by nurturing each student's strengths and building a sense of confidence and achievement.

We look forward to welcoming you to our centre and will be happy to discuss class options with you.

Dima & Rebecca Kachan



Squads

Jumping Joeys - Pre Schooler Development

Jumping Joeys is our Stage 1 squad that follows on from the recreation Tiny Tumbler program. Children that are selected for this squad have participated in our Tiny Tumbler program and are familiar with the basic structure of a class. Jumping Joeys is suitable for pre-school children, with the focus on fun and enjoyment while nurturing their development toward independence. The program is ideal for developing vital life skills including listening, following instructions and working in group situations. This class is the perfect introductory program to develop strength, shapes and all the basic skills of general gymnastics, tumbling and trampoline. As children of this age attend pre-school we have two training options, Joeys Red and Joeys Green to assist working parents.

Bouncing Bilbies - Pre Junior Development

Bouncing Bilbies is our Stage 2 fun early learning program for children aged 4-5 years of age. It is ideal for developing vital life skills including listening, following instructions and working in group situations. This class is the perfect introductory program to develop strength, shapes and all the basic skills of general gymnastics, tumbling and trampoline. This program prepares children for long term participation in sport and is a pathway for those who may choose to move through to our competitive squads.

Moving Monkeys - Junior Development Squad

Moving Monkeys is the follow on squad from Bouncing Bilbies. Children who show a sound understanding of the basics are selected for this squad where they further develop their strength, flexibility and the skills specific to tumbling and trampoline. The purpose of this program is to prepare the children who show a great deal of enthusiasm for the sport and will follow the competitive pathway.



Tumbling Tigers - Development Squad

Tumbling Tigers is a competitive tumbling development program. Athletes are selected for this class based on ability, potential and a certain natural flare that they may show towards general gymnastics/tumbling skills. Skills required before becoming a Tiger are rolls (forward and backward) handstands, cartwheels, round offs, assisted somersaults and flips and a higher than average level of flexibility and strength for this age group. This program requires dedication, hard work and discipline. The aim of this program is to prepare athletes for competition in the age/elite stream.

What is expected when your child has been selected for a development program.

All athletes in our development squad are expected to maintain a good attendance record, this includes holiday periods unless otherwise notified. The child must show great commitment to their program.

It is anticipated that once a child turns 6 and at the required level they will represent KSTP in State competitions.

Development Squads Timetable

PROGRAM	Jumping Joey's	Bouncing Bilbies	Moving Monkeys	Tumbling Tigers
Monday	R: 1.00pm - 2.00pm			5.00pm - 8.00pm
Tuesday	G: 1.00pm - 2.00pm			5.00pm - 8.00pm
Wednesday			4.00pm - 6.30pm	
Thursday	G: 1.00pm - 2.00pm	4.00pm - 6.00pm		
Saturday	R: 10.45am - 11.45am	10.30am - 12.30pm	8.30am - 11.00am	10.00am - 2.30pm



Development Squad Fee Structure

PROGRAM	HOURS REQUIRED	HOURLY RATE
Jumping Joeys	2 days (2 hours)	\$11.00
Bouncing Bilbies	2 days (4 hours)	\$9.50
Moving Monkeys	2 days (5 hours)	\$9.00
Tumbling Tigers	3 days (10.5 hours)	\$6.50

Gymnastics NSW Annual Registration/Affiliation Fee

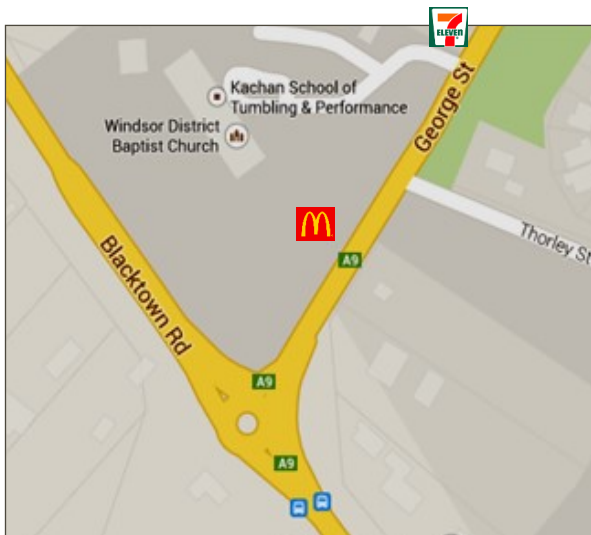
KSTP is an affiliated member of Gymnastics New South Wales. Each member at KSTP is required to pay an annual insurance fee either recreational or competitive dependent on your program. As our development squad athletes compete at different times dependent on their age and level the fee you pay for your child will be based on them competing within the calendar year or not. KSTP Management together with the participants coach determine when the athlete is ready to compete. The fee is required by the first 'paid' class when joining KSTP.

Recreation Registration: \$50 - this is for athletes under 6 or those over 6 who are not ready to compete at a State Representative level within the calendar year.

Competitive Registration: \$90 - this is for athletes 6 years and over who will compete at a State competition in the calendar year.

Additional information

KSTP's one off club registration fee of \$35 is payable on joining. Fees are payable by the invoice due date, however a payment plan can be arranged. Sibling discounts are available.



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(Grounds of Windsor District Baptist Church)

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