

# KINDERGYM CLASSES

KinderGym  
Tiny Tumblers

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739 George St. South Windsor  
**0435 155 834**  
[www.kstp.com.au](http://www.kstp.com.au)

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# Welcome to KSTP

Kachan School of Tumbling & Performance (KSTP) provides a safe, fun environment for children of all ages and abilities.

Operating since 2009, KSTP is a family run business with owners Dzmitry and Rebecca Kachan locals in the Hawkesbury.

Our coaches are dedicated to the sports of Tumbling, Double Mini Tramp & Trampolining, with all coaches holding their accreditation through Gym Australia.

At KSTP, our focus is on providing a quality experience for all our members by nurturing each students strengths and building a sense of confidence and achievement.

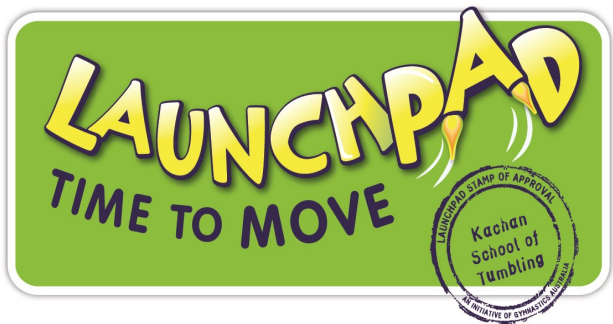
Dima is the head NSW & Australia tumbling coach. He has developed National tumbling and trampoline competitors who have gone on to win many titles. Internationally we have a good reputation in tumbling, with athletes making the finals and even winning medals including the 2015 World Age Group Champion in under 15 men.

The sport is Ideal for boys and girls alike. Our programs focus on fitness and strength, rather than body image, which we believe is a healthy attitude for the development of your child whatever program they participate in.

We look forward to welcoming you to our centre and will be happy to discuss class options with you.

*Dima & Rebecca Kachan*





## **LaunchPad - Time To Move**

KSTP are pleased to be part of LaunchPad, an initiative of Gymnastics Australia.

LaunchPad programs have been expertly designed by Gymnastics Australia to cater for all stages of physical, social and cognitive development.

LaunchPad's programs rely on safe and enjoyable activities that challenge participants, relative to their developmental stage.

KSTP follow the programs for our KinderGym, GymFun and GymSkills programs. For further information on LaunchPad visit the website at <http://www.launch-pad.org.au/>.

## **Class Information**

KSTP's KinderGym class provides a wonderful opportunity for parents/carers to come together with their child in a fun and relaxed atmosphere and is an ideal time for children to interact with other children.



### **KinderGym approx. 18mths – 3.5 year olds**

Children learn best through exploring and discovering their abilities through physical activity.

KinderGym ensures that pre-school-aged children can experience a wide range of movement activities and be encouraged to think, create, construct and solve problems with their bodies.

KinderGym equipment is safe and colourful and provides endless movement opportunities.

KinderGym has been founded on child development principals and promotes active involvement of the child's caregiver.

### **Tiny Tumblers approx. 3.5 - 5 year olds**

At KSTP we recognize that as children progress they like to become more independent during their class.

KSTP's Tiny Tumblers class follows the same principals as KinderGym with the difference being that the parent/carer is not involved in the class.

Tiny Tumblers is a transition for children to move into one of our pre-junior squads and/or GymFun class.



# Class Timetable

Day	KINDERGYM	TINY TUMBLERS
Monday	10.00 - 11.00am	11.15—12.15pm
Tuesday	10.00 - 11.00am	11.15—12.15pm
Wednesday	10.00 - 11.00am	11.15—12.15pm
Thursday	10.00 - 11.00am	11.15—12.15pm

## Price Structure

All participants in a recreation class are required to pay the annual Gymnastics NSW affiliation/insurance fee of \$50. This fee is valid over a calendar year.

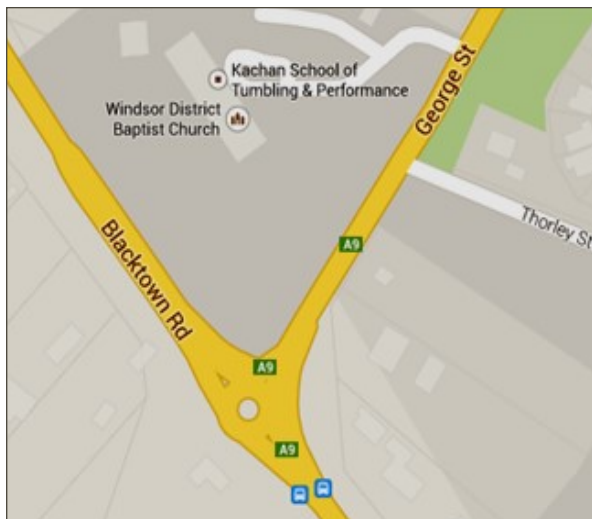
### KinderGym

**Per term:** \$10 per class payment required on first day of term, make-up classes available. The cost will differ each term dependent on the number of weeks within the term. **Value pass:** \$12 per class. The value pass is valid for 6 classes over a 10 week period. The cost of the pass is \$72.

### Tiny Tumblers

**Per term:** \$11 per class payment required on first day of term, make-up classes available. The cost will differ each term dependent on the number of weeks within the term.

Fees are subject to change without notice.



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(Grounds of Windsor District Baptist Church)

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info@kstp.com.au

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