



# KSTP Club News

Volume 1, Issue 1

Term 1 2014

## Welcome to 2014

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Dear Parents and friends  
 We'd like to take this opportunity to officially welcome everyone back to KSTP for another year! To all our new members we'd like to extend that welcome and say that we are very excited to have you join us!

Last year was a busy year for us with many highlights including: our performances on Australia's Got Talent. Reaching the



semi finals was a huge buzz and we were grateful for the opportunity to showcase tumbling on a National stage.

November saw our club

send 5 athletes from our high performance team to Bulgaria for our first representation at the World Age Championships. All our athletes did extremely well, we were so proud of them. With three top 10 finishes it was a fantastic International debut.

To end the year we held our annual Showcase. It was a wonderful celebration to end the year. Our coaches did an incredible job coming up with themes for each class and from the smiles on the children's faces they loved dressing up and performing their routines.

For those of you who were with us last year you will notice our gym has had a 'make-over', we still have some additions that will come in due time but we are very excited at the progress. We hope all athletes

are enjoying the new layout and equipment. Feedback from our coaches is that it is working well.

We hope you enjoy our new style newsletter. Thank you for reading.



### Did you know we have a website and a Facebook page?

- \* Our website is [www.kstp.com.au](http://www.kstp.com.au)
- \* For all the latest information be sure to like our Facebook page. Your support is appreciated



@ Kachan School of Tumbling & Performance

## Twilight Interclub Competition

On Saturday the 17th May we will be holding our annual Interclub competition. Clubs from around NSW have been invited to participate in this competition.

Being it is the start of the competition season for KSTP it is expected that all athletes from our competitive classes attend this competition.

Entry forms will be handed out at the commencement of term 2. The entry cost for athletes is \$15. Please advise management or your child's coach if your child is unable to attend.

Full club tracksuit and leotard is required to be worn. Please ensure that you see the front desk to place your order as soon

as possible should you require any items. Leotards must be paid in full on ordering.

We would like to invite all families to come along and support the athletes, entry for spectators is free. A canteen & sausage sizzle will be available on the day with the High Performance Team organizing some fundraising activities.

## News from Around The

### Tiny Tumblers & Kindergym

After careful consideration as of Term 2 our Tiny Tumblers, Kindergym and Sensory Mums and Bubs classes will no longer run on a Saturday. Instead we are excited to offer additional classes on Monday to Thursdays. This decision has been made based on the fact that we have far more room to offer better classes to our little ones during the week. With no distractions and full use of the gym and all equipment it makes for a great time for all. A new flyer will be available soon.

### Fungym

We have added an extra Fungym class to our program. This means our recreation, general skills class for athletes 8 years and over will be on Mondays & Wednesdays 3.45-5.15pm. With the new class on Tuesdays 6.30-8.00pm. The introduction of this class means that there are now plenty of vacancies in all Fungym programs.

### Teens & Adults

Our Teen & Adults class continues

to grow. The class, run by Dima and two of his elite tumblers Jack and Shannon is providing a great environment for skill development in all areas. As of Term 2 all attendees are required to pay the annual Gymnastics NSW registration fee of \$40 as the waiver will no longer be an option. We look forward to these classes building more in the future.

### Pre Levels, Pre Juniors

Our pre levels and pre junior classes are our recreation classes for children under 8 years. Held each day of the week they are the basis for our development squads. Getting started young promotes healthy development and encourages long term involvement in sport, something we pride ourselves on at KSTP. With the aim of moving children through the programs there is always vacancies to take on new students.



### Advance Tumbling & Tramp

From term 2 advance tumbling and trampoline classes will combine and become one class. Classes will be held on Monday, Tuesday and Saturdays covering both disciplines. This will provide Vanessa and Dima the chance to work with the athletes more closely as we head into the comp season. We look forward to seeing these athletes develop their skills and move through the levels system.

### Levels 1-3 & Squads

With competition season approaching focus is now on ensuring our young athletes are well prepared. We are so excited with the development so far. It would be a good idea to make note of the competition dates to be sure we are all aware of what we have planned ahead. Please take time to read the attached minutes from the parent meeting that was held earlier in the term.

## Elite/Age State Championships Wrap up

The Elite State Championships were held at the SGAC at Rooty Hill on Saturday 29th and Sunday 30th March. Kachan School of Tumbling and Performance took a squad of 11 athletes who had the requirements to compete within their age group. Entering into the National stream was: Breannah Cauchi for Trampoline,

Damon Louwen for Trampoline and Double Mini Tramp Henry Clark Tumbling, Emily Robertson-Hahn Tumbling, Alexa Collins Tumbling. In the International stream was Blake Grainger, Jack Hemmings, Ethan McGuinness, Ellie Smith, Shannon Usher, Hayley Usher. Congratulations to Damon (1st DMT),

Henry (3rd), Emily (5th). With the following athletes also qualifying for the State Team for the Australian Gymnastics Championships. Alexa (2nd), Blake (1st), Jack (2nd), Ethan (1st), Shannon (1st), Hayley (1st) and Ellie who withdrew from comp due to injury qualified at trials. You all did KSTP proud.

## Birthday Parties now

After many enquiries, KSTP are excited to now be hosting birthday parties on a Saturday afternoons.

Our party package includes 2 hours exclusive use of the gym with a certified coach to facilitate the activities.

Activities include use of the gymnastics equipment, tumbling air floors, trampoline and the bungy system.

We have created a fun and colourful 'party room', where your favourite food and cake can be bought in from home to share in the designated break.

Parties will be held on Saturday's with three sessions available; 2.30pm to 4.30pm, 5.00pm to 7.00pm 7.30pm to 9.30pm. Be sure not to miss out on your preferred date.

For further details head to our website and click on the party tab for every thing you need to know.



## School Holiday Fun

### Are you looking for something fun & exciting to do these school holidays?

At KSTP our holiday program provides a fun, action packed day for school aged children. During the day all equipment in the gym is used including the trampolines, bungies and airfloors.

The clinics are perfect for students from KSTP to work on their skills in a fun and relaxed environment and for children who have never experienced the exciting sport of tumbling. Our KSTP members are welcome to bring some friends to share the fun with.

In the warmer months turning the airfloor into a giant slip and slide proves popular, so a spare change of clothes and a towel should be included.

Morning and afternoon tea is provided, children need only to bring their lunch.

The cost is \$40 per day or three days for \$100.

The holiday program will run from 9am to 3pm on the following days:

Tuesday 15th,  
Wednesday 16th  
Thursday 17th April

Book at the front desk now to avoid missing out.



## Fundraising News

### 2013 Fundraiser

Our end of year Showcase performance was our term 4 fundraiser. Door sales, the canteen and raffles collectively raised \$1920.90. This money went toward materials for the new party room and a new bungy system in the gym.



### 2014 Term 1

The Cadbury chocolates are our Term 1 fundraiser. Thank you to all the families who have returned their money and left over chocolates.

Left over chocolates and money are overdue. Please return these as soon as possible.

### Committee Members Wanted

Our fundraising committee is looking for new volunteers. If you are enthusiastic, have some great ideas and time up your sleeve we would love to hear from you.

For a small contribution we are inviting businesses to display their banner inside the gym. Please see the front desk for more information.

### World Age Championships 2015

Our high performance team are looking toward Denmark in 2015. These competitions are self funded and to assist with the cost the parents will be holding some of their own fundraising initiatives. We will keep you posted with the upcoming opportunities and events.

### Sponsorship Opportunities

KSTP is offering a 12month advertising opportunity for local business.

## Important Dates to Remember

DATE	EVENT	DETAILS	VENUE
<b>April</b>			
Monday 1	Cadbury Chocolate Money due		KSTP
Tuesday 15	School holiday program	A fun, optional activity	KSTP
Wednesday 16	School holiday program	A fun, optional activity	KSTP
Thursday 17	School holiday program	A fun, optional activity	KSTP
<b>May</b>			
Saturday 10	Hawkesbury Show	Performance Teams	Windsor
Saturday 17	Interclub Competition	All athletes, twilight comp	KSTP
<b>June</b>			
Mon 23 to Sat 28	Fundraiser – Mufti Week	Fun challenges in normal class times	KSTP

Have you liked us on Facebook?  
Keep up with all the news as it  
happens. Head to Facebook  
Kachan School of Tumbling and  
Performance



Do you have a uniform that is too small? We can buy it back from you for half the original price. Families are always looking for good quality second hand club gear.

### KSTP Merchandise

Club Leotard Girls: \$135  
Club Leotard Boys: \$80  
GK Shorts: \$30  
Boys Longs: \$80  
Tracksuit Pants: \$40  
Tracksuit Jacket: \$50  
Polo Shirts: \$30  
Club Singlet: \$25  
Club Shorts: \$20  
Tape: \$6.00

## General News

### Parent Meeting Minutes

To all competition class parents, please take time to read through the attached minutes. The minutes are following the meetings that were held earlier in the term. They contain important information regarding your child's training and associated programs.

### Bank Deposit Details

Please note our new bank details have changed. When using our Electronic Funds Transfer (EFT) service:

New details are:

Kachan School of Tumbling and Performance  
BSB 112-879  
Account: 486325656

### Outstanding Invoices

We would like to remind families that KSTP provide a 4 week period from issue of the term invoice to the due date.

If you find it difficult to pay your account by this date please discuss this with the front desk.

In cases such as these we recommend a payment plan where you

pay your child's fee at the beginning of each class, thus eliminating the larger amounts due.

### Shared space

We would like to remind our families that we share the space with the Windsor District Baptist Church community, some concerns have been raised that we need to address:

- Please throw all rubbish in the bins provided, if eating messy food please consider eating on the balcony area.
- Children should not go past the toilets in the foyer.
- There has been an issue with the level of cleanliness in the toilets. It has been noted that on numerous occasions wet toilet paper has been thrown on the ceiling.

Please remind your children of the

importance of being respectful to other peoples property.

### Arriving on time

Coaches have been reporting that more and more athletes are arriving late for class. Arriving on time for class is extremely important as this is the time when warm up occurs, without correct warm up the athletes are more prone to injury. It also affects the coaches class programing.

### Holiday training

Training will continue as usual throughout the holidays for all competition classes. If your child will not be attending please advise the office prior to the holidays so that the fees can be deducted. After this date no refunds will be given, instead only a make up class will be offered.

### Feedback and suggestions

We are developing a feedback form which will be distributed to all families soon. The aim of the survey is to ensure we are providing classes that meet your families needs and expectations. Of course you don't have to wait for a feedback form, we welcome your feedback at any time.

