



KSTP Club News

Term 1 2015

Welcome to 2015

Dear Parents and friends

We'd like to take this opportunity to officially welcome our families back to KSTP for another year! To all our new families we'd like to extend that welcome and say that we are very excited to have you join us!

At KSTP we aim to provide quality specialised training in the areas of Tumbling, Trampoline and general athlete development.

We hope that our staff and classes meet your needs and expectations and that both you and your child/ren find enjoyment through your experiences with us.

As a young, hardworking and dedicated family we strive to satisfy all our families and we appreciate any feedback at any time.

We thank you for joining us in 2015 for what we know will be another exciting year ahead.

Dima and Rebecca Kachan

Inside this issue:

Welcome	1
Eftpos Machine	1
Parent Open Week	1
General News: Fundraising	2
KSTP Merchandise	2
KSTP Interclub Competition	2
Easter & School Holidays	3
Spotlight on KinderGym	3
Spotlight on Tiny Tumblers	3
Gym Affiliation Explained	4
Birthday Parties	4
Road to World Age Championships	4
Important Dates	5

Eftpos has arrived at KSTP!!

After so many enquiries over the years KSTP can now accept payment using a new eftpos machine. There will be a small fee added to credit card transaction to cover the fees, we trust you understand that being a small business adding the extra 2.3% to a transaction will be more viable for families than increasing the class fees to cover the associated costs.

We hope this new payment method will assist families in paying their fees more easily.



Parent Open Gym Week

In Term 1 we are trialing a very exciting concept at KSTP which we hope will continue throughout the year.

The last week of the term we will open our doors, set up some seats inside the gym and welcome parents to come and watch your children participate in their class.

Classes will be open for parents to watch on:

Mon 23rd, Tues 24th, Wed 25th, Thur 26th & Sat 28th March

To ensure a safe environment for all our athletes and families we ask that you avoid moving around once inside the gym, if you have to bring siblings, please ensure they remain in their seat and definitely must stay behind the designated area, do not encourage your children participating in a class to come to you. Please no food is to be consumed inside the gym.



Did you know we have a website and Facebook page?

For all the latest news head to:
www.kstp.com.au



@ Kachan School of Tumbling & Performance

General News

Outstanding accounts

For families who still have money outstanding we ask that this is paid by the end of the term.

We appreciate that families have many bills to pay and for this reason offer payment plans.

If you prefer to set up a payment plan for Term 2 please discuss with the front desk.

We now have eftpos facilities to assist families with payments.

Car Park

We have been asked by members of the church to remind our families to drive within the speed limit in the car park. With so many children around it is important that we are all vigilant.

Term 1 Fundraiser

Thank you to all our families for supporting our Cadbury chocolates Fundraiser. Please ensure your money and left over chocolates are returned by the end of the term.



Term 2 Fundraiser

Our Term 2 fundraiser will be Mufti Week. We have found this to be a popular fundraiser with the athletes, giving them the chance to come out of uniform. Each athlete will receive one 'fine' for the week of \$5 for not being in uniform!

Feedback / Suggestion Box

We have placed a feedback box on the table in the foyer. This will be for families to provide us with feedback (good or bad), suggestions, comments. This is your opportunity to help us improve our business or tell us what you are happy with. You may remain anonymous if you prefer.

Parent Meetings

To the parents in our squads and competitive programs we thank you for attending our 'new year' meetings.

If you haven't received a copy of the minutes please see the front desk.

KSTP Merchandise

Track Suits and Polos

Our tracksuit and polo shirts are available for any member at KSTP.

All athletes in Bugs, Beez, Levels, Tigers, Joeys, Advanced Trampoline, Advanced Tumbling and Elite who will be competing in our club competition at State Levels or National Clubs this year are required to wear the full KSTP uniform. Please check with your coach or the front desk if you need any clarification regarding your child/ren ready to perform for competition.

Leotards for Competition

To order a leotard, please see Vicky at the front desk prior to your class. Vicky will assist with measurements. Please do not leave this to the last minute, leotards need to be ordered 6 weeks prior to the trials. Therefore the cut off date for leotard orders for State trials will be the 1st June.

Second Hand Uniforms

Do you have any items of our uniform that no longer fits your child? KSTP happily buy back tracksuits,

polos and leotards that are in a good re-sellable condition at half the price to then on-sell at the half price rack.



KSTP's Annual Friendly Interclub Competition



On Saturday the 16th of May we will be holding our annual Interclub Competition. This is a friendly competition where we invite our neighboring clubs to join us.

For many athletes this may be their first competition and what better venue than at their own club. With the emphasis on 'friendly' it is a great 'team building' event, in a relaxed atmosphere.

For athletes who participate in a Levels, Advanced, Tigers or Joeys program, attendance is expected in order for them to prepare for the competition season.

The entry form will be given out to eligible athletes in the early weeks of term 2. Cost for entry into the competition is \$15. Please advise the front desk or your child's coach if you are unable to attend this day.

Easter, School Holidays & Anzac Day Training

Easter Long Weekend

KSTP will be closed on Saturday 4th and Monday 6th April for the Easter holidays. We wish all our families a Happy Easter and trust you all enjoy time with family and friends.

School Holidays

Our recreation classes including KinderGym, GymFun, GymSkills & Teens/Adults will not be training over the holidays.

The following classes *will continue* to train during the school holidays.

Bugs, Bilbies, Beez, Tigers, Joeys, Levels, Advanced, Elite.



It is highly recommended that if you can make training you do. This will assist with preparations for the upcoming competition season.

If you your child won't be attending please advise the front desk before the holidays and you will not be invoiced for the class.

Anzac Day

KSTP will be closed on Anzac Day, Saturday 25th April.

Interesting Fact:
Did you know the club colours are that of the Belarus flag, Dima's home country.



KinderGym Classes

Monday, Tuesday, Wednesday and Thursdays. 10am - 11am.

KSTP's KinderGym class provides a wonderful opportunity for parents/carers to come together with their child in a fun and relaxed atmosphere and is an ideal time for children to interact with other children. KinderGym ensures that pre-school-aged children can experience a wide range of movement activities and be encouraged to think, create, construct and solve problems with their bodies.



Tiny Tumblers

Monday, Tuesday, Wednesday and Thursdays. 11.15am—12.15pm. For preschoolers.

At KSTP we recognize that as children progress they like to become more independent during their class.

KSTP's Tiny Tumblers class follows the same principals as KinderGym with the difference being that the parent/carer is not involved in the class.

Tiny Tumblers is a transition for children to move into one of our pre-junior squads and/or GymFun class.



Gymnastics Affiliation

Unfortunately some people have still not paid their affiliation fee.

Why do we pay affiliation?

Similar to any other sports such as netball, basketball, soccer etc athletes are required to become members of their respective associations.

Who pays?

It is a regulation that anyone of any age that participates in a gymnastics class becomes an affiliated member.

For one-off classes like a birthday party, participants are covered under the 'come and try' policy, this policy covers participants for up to three sessions.



Gymnastics
New South Wales

What does affiliation cover?

There are a range of member benefits associated with athlete registration to Gymnastics NSW including:

- Personal accident insurance
- Membership to Gymnastics NSW and Gymnastics Australia
- Free spectator entry to Gymnastics NSW State Championship events
- Opportunity to participate in GNSW sanctioned state and regional events
- Participant pack including pencil case, sew on year badge and membership card. **

How much does it cost?

For participants in recreation programs the fee is \$45 per calendar year. For participants in competitive programs the fee is \$80.

When is it due?

Affiliation is due no later than the third class.

** Please note: we have been advised by GymNSW the participant pack will not be available until mid-year this year.

Make your business our business!

Do you have your own business? We have sponsorship packages available. Opportunities available include: banner displayed in the gym, advertising in our newsletter, website, logo on KSTP van, logo on track-suit. Talk to us today about how you can get involved.

KSTP Birthday Parties

Parties at KSTP are proving popular not only with our club members but also our local community.

Party package start at \$300 for up to 15 children which includes 2 hours exclusive use of the gym with our coaches who will facilitate the fun.

Our colourful party room is perfect for guests to enjoy their party food and cake that have been bought from home.

Parties are held on Saturday's with two sessions available; 2.30pm to 4.30pm, and 5.00pm to 7.00pm.



For further details visit our website or call us on 0435 155 834 or email us at info@kstp.com.au

2015 World Age Group Championships Denmark

2015 is an exciting year for our Elite Tumbling Team. With grueling training schedules to learn skills not ever seen before in Australia, the team has their eyes set on the World Age Championships to compete against the worlds best tumblers.

The journey to WAGC will see this dedicated group compete at the State Age Championships to qualify for a spot on the State Team to compete at the Australian Championships which will be held in Melbourne in May. It will be at this competition that the athletes have the chance to qualify for the National Team. For our athletes who have injuries they will have one last opportunity to qualify for the National Team at the National Club Carnival held in Bendigo in September.

We wish all our athletes Alexa, Blake, Emily, Ellie, Ethan, Henry, Jack, Shannon, Sophie, Zac all the very best for the journey ahead.

Important Dates to Remember

DATE	EVENT	DETAILS
MARCH		
Monday 23 - Saturday 28	Cadbury Chocolates	Money due back
Monday 23 – Saturday 28	Welcome Parents & Friends	Gym open to watch your children
Saturday 28 & Sunday 29	State Age Championships	Qualifying athletes only
APRIL		
Friday 3 – Monday 6	Easter	Gym Closed
Monday 6 – Sunday 19	School Holidays – training continues for squads and competitive classes.	No training for Recreation programs only
Monday 20	Recreation classes resume	
Saturday 25	Anzac Day	Gym Closed
Saturday 25	Hawkesbury Show performance	Selected athletes
MAY		
Saturday 2	State Team Training	Qualifying athletes only
Saturday 16	KSTP Club Competition	All squad and competitive athletes
Monday 18 - Saturday 23	Term 2 Fundraiser	Mufti Week
Monday 25 - Saturday 30	Australian Championships	Qualifying athletes only
JUNE		
Monday 22 – Saturday 27	Welcome Parents & Friends	Gym open to watch your children
Monday 29 – Tuesday 30	School Holidays – Training Continues for squad and competitive programs	No training for Recreation programs only
JULY		
Monday 1 – Sunday 12	School Holidays – Training Continues for squad and competitive programs	No training for Recreation programs only
Monday 13 July	Recreation classes resume	
Saturday 18 & Sunday 19	State Levels Trial 1	Pre-Selected athletes only
AUGUST		
Saturday 8 & Sunday 9	State Levels Trial 2	Pre-Selected athletes only
Saturday 22 nd	State Team Training	Qualifying athletes only
Saturday 29 th & 30 th	State Levels Championships	Qualifying athletes only
SEPTEMBER		
Monday 14 – Saturday 19	Welcome Parents & Friends	Gym open to watch your children
Saturday 19	National Clubs Team Building Day	Parent meeting
Monday 21 to Sunday 4	School Holidays	No training for Recreation programs only
Thursday 24 – Sunday 27	National Clubs	Pre-selected athletes only
OCTOBER		
Monday 5	Training resumes	
NOVEMBER		
DECEMBER		
Wednesday 2 – Thursday 4	World Age Championships 2015	Qualifying athletes only
Tba	Showcase	All athletes
Tba	Presentation	All athletes