



# KSTP News

## KinderGym/Tiny Tumblers



Term 1 2015

### KinderGym

We hope you are enjoying the time with your child in our KinderGym class we certainly enjoy seeing your children's smiling faces each week and watching them grow in confidence as they move around the circuits. KinderGym provides a strong foundation to ensure your child develops coordination, balance and social skills through gymnastics activities. You may have noticed we have increased the time on the floor, this is to introduce the children to the basic shapes of gymnastics, which is important for when they are ready to move into the independent Tiny Tumblers class.



### Parent Feedback

Your feedback is very important to us, to ensure we are providing a quality service we would love to hear from you. We have introduced a feedback box in the foyer and would love you to share your thoughts with us. This may be a concern, a compliment or an idea. Families can remain anonymous if preferred.

### Tiny Tumblers

In Term 1 we introduced our new Tiny Tumblers program after we recognised as children develop they became more independent during their class.

Over the past term we have taken opportunities to evaluate and create a program that we believe provides the children with a balance of having fun while learning the fundamental basic skills required for sports. We wanted this program to be the foundation of their journey with us, to enable them to move into our afternoon programs when they reach school age. Parents can feel confident that their child who participates in Tiny Tumblers can move into a afternoon squad at a level that reflects their time with us.

During our evaluation of the program we decided the most suitable ratio would be 5 children to 1 coach. To assist with meeting this class size we believe it is necessary to move this program to a 'pay per term' program, like our afternoon classes. Payment will be due by the first week back, by paying up front you have secured your child's spot. We will continue to offer the same affordable discounted rate of \$8 per class.



# Gymnastics Affiliation

## Why do we pay affiliation?

Similar to any other sports such as netball, basketball, soccer etc athletes are required to become members of their respective associations.

## Who has to join?

It is a regulation that anyone of any age that participates in a gymnastics class becomes an affiliated member.

For one-off classes like a birthday party, participants are covered under the 'come and try' policy, this policy covers participants for up to three sessions.

## What does affiliation cover?

There are a range of member benefits associated with athlete registration to Gymnastics NSW including:

- Personal accident insurance



**Gymnastics**  
New South Wales

- Membership to Gymnastics NSW and Gymnastics Australia
- Free spectator entry to Gymnastics NSW State Championship events

- Opportunity to participate in GNSW sanctioned state and regional events

- Participant pack including pencil case, sew on year badge and membership card. \*\*

## How much does it cost?

For recreation programs the fee is \$45 per calendar year. Competitive programs pay

\$80.

## When is it due?

Affiliation is due no later than the third class.

\*\* Please note: we have been advised by GymNSW the participant pack will not be available until mid-year this year.

For all the latest news head to: [www.kstp.com.au](http://www.kstp.com.au)



@ Kachan School of  
Tumbling & Performance



Interesting

Fact:

KSTP's club colours are that of the Belarus flag, Dima's (owner) home country.

## Eftpos has arrived at KSTP!!

After so many enquiries over the years KSTP can now accept payment using a new eftpos machine. There will be a small fee added to credit card transaction to cover the fees, we trust you understand that being a small business adding the extra 2.3% to a transaction will be more viable for families than increasing the class fees to cover the associated costs.

We hope this new payment method will assist families in paying their fees more easily.



## KSTP Birthday Parties

Parties at KSTP are proving popular not only with our club members but also our local community.

Party package start at \$300 for up to 15 children which includes 2 hours exclusive use of the gym with our coaches who will facilitate the fun.

Our colourful party room is perfect for guests to enjoy their party food and cake that have been bought from home.

Parties are held on Saturday's with two sessions available; 2.30pm to 4.30pm, and 5.00pm to 7.00pm.

For further details visit our website, call our friendly team on 0435 155 834 or email us at [info@kstp.com.au](mailto:info@kstp.com.au)



# Term 2 KinderGym Themes



The following themes will be incorporated into our classes during Term 2.

## Week 1 & 2



### Frozen

It's a Winter Wonderland. There will be lots of fun as we move around the circuit collecting snowflakes, sliding down the snow covered mountains with our friends Olaf, Anna and Elsa.



## Week 3 & 4



### Jungle

Let's follow the animal footprints as we move around the circuit. lots of fun as we swing like monkeys, slither like snakes and walk tall like giraffes.



## Week 5



### Mufti Week

Week 5 is Mufti Week. It's our Term 2 Club Fundraiser. Dress up in your favourite 'dress up costume'. Children are 'fined' \$5 in exchange of dressing up.



## Week 6



### Olympics

So many sporting activities are held at the Olympics. We will have fun incorporating many of the sports, such as athletics, weightlifting, equestrian and of course gymnastics.



## Week 7 & 8



### Superheros

It's a bird, it's a plane, no it's a Superhero. Imagine how cool it would be to be a Superhero. Let's jump and climbour imaginary buildings in a single bound. Fly through thesky and have the powers of a Superhero.



## Week 9 & 10



### Weather

We will explore the four seasons in one day. Crunch on leaves left from an Autumn day, squelch in the rain puddles from a cold Winters day, the creatures in the garden love the warmth of Spring. Finally Summers arrived, time to cool things down again.

