



KSTP Club News

Term 2 2016

From our owners/management...

We trust this newsletter finds all our families well and settled into the year. For any families who are new to our club, we would like to welcome you and encourage you to visit our website and read through our Club Handbook, this can often answer a lot of questions you might have.

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Term 2 brings our mid year Athlete Progress Assessment, this assessment is conducted at the end of the term and includes all athletes from Tiny Tumblers, GymFun and GymSkills right through to Elite. The assessment is based on strength, flexibility and skills relevant to the athletes class. It is a powerful tool to ensure our athletes are at the most suitable level for their ability, while keeping our programs and coaches accountable for the level of learning that we expect.

For our competitive athletes and their families, life is about to get very busy with our competition year hitting full swing. Our first event and Term 2 fundraiser is our club competition on the 7th May, read below for more information. We are very excited to see all our athletes compete and look forward to spending some time with our wider community.

As always, we invite any feedback, comments or concerns from parents and/or families of our members. Its very important to us that our message and vision is clear and that our members are happy and satisfied with the service we are providing. After all, if you're not happy then you won't come back and we certainly don't want that. We aim for all our families to be with us for years and years so that we can carry your children right through to reach their full potential, this is our commitment and promise to you.

Tumble on and Up!

Bec, Dima Alexsa, Timofei, Ivan and Isaac

KSTP Annual Twilight Club Competition

For all athletes in competitive squads

Our annual Twilight Club competition is a fantastic opportunity for our athletes to compete in their own environment prior to the start of competition season. For seasoned competitors it might be competing a new routine for the first time and for others it might be their first competition where they will have the opportunity to learn and become familiar with the program.



Date:	Saturday 7 th May 2016
Time:	2.30pm warm up 3.30pm comp start, approximate end time 7.00pm
Entry Fee:	\$20 per athlete Payment is due by Wednesday 4th May
Spectators:	Gold coin donation

Canteen & BBQ will be available on the day from 1.30pm
Mothers Day Raffle - Major prize \$100 Myer Gift Card

General News

Club Handbook

Please advise the front desk if you have not received your electronic copy of our Club Handbook.

Punctuality

As per our club policy we ask that athletes arrive on time for their class. By arriving late this impacts the rest of the class and can be very disruptive to the program. We understand at times traffic may play a part in running late, but ask you try and allow enough time, we would rather athletes arrive early and be waiting in the foyer than missing the start of class. If you have any concerns please don't hesitate to see the front desk.

Car Park Changes

Further to the note that was given out at the end of last term, we remind all families of the changes in the carpark. For the safety of all children, parents are asked to 'park' and walk their children into classes. Under no circumstance is a car to stop near the door. We thank you for your consideration.

Toilets

We ask parents to speak to their children in regards to keeping the toilets clean. We are fortunate enough to share our space with the

Windsor District Baptist community & expect the toilets and public areas are kept clean and respectful.

Term 1 Fundraiser

Our Term 1 Fundraiser was the Cadbury Chocolate Drive. Thank you to all our families who have returned the money and any left over chocolates, if you have not yet done so please return the money asap. We raised a huge \$2000, this money went toward our new pit.

A big congratulations to the James Family in GymSkills, they sold the most boxes and won the gigantic Toblerone.



Bunnings BBQ Fundraiser

A huge thank you to the parents from our Levels, Advanced & Elite programs who assisted with our March Bunnings BBQ. We raised \$1815, this money has paid for the balance of the heaters and fans.

Term 2 Fundraiser

Our Term 2 Fundraiser is our Twilight club Competition together with a Mothers Day Raffle. Leading up to and on the day of competition raffle tickets will be on sale from the front counter. The prizes will be Mothers Day related including our major prize of a \$100 Myers voucher and hampers full of goodies. Please help support this fundraiser by purchasing a ticket or two.

Parent Information Session "Our Vision"

Thank you to all our parents across our programs who gave up their time to join us for our information session on Our Vision for our Club Members. The feedback we received was a true reflection on the many parents who share our vision for their child's future in this sport. We hoped all who attended had a great night and found the information helpful.

Mid Year Athlete Progress Assessment

Parents from Tiny Tumblers up to Elite can look forward to receiving a progress assessment at the end of the term. We believe the assessments are vital to ensure all classes are meeting our expectations whereby athletes are continuing to develop their skills and a steady pace.

Exciting New Programs at KSTP

Term 2 is bringing some exciting new programs;

Jumping Joeys - This program is a newly created squad for pre-schoolers. Jumping Joeys is a follow on from our successful Tiny Tumblers pre-school class. We recognised the ability these children have and that a once a week program is just the start. Children selected for this squad will attend a one hour classes twice a week during school hours.

Triple T - A non competitive program designed specifically for teens. Triple T is our Teens Tumbling and Trampoline program which will run on Tuesdays from 6pm to 8pm. The focus will be on fitness, flexibility, strength and learning new fun skills.

NEW!

2016 Gymnastics NSW Senior State Championships

The Gymnastics NSW Senior State Championships were held at SGAC in Rooty Hill on the 9th and 10th April. KSTP took our largest team to date, even though many of our Senior International athletes were unavailable for this competition. Our young team held their own, many of whom were entered into the age/elite competition for the first time and which we are very proud of all of them. Our athletes competed in the age and International Stream events for Tumbling, Trampoline and Double Mini Tramp. Representing KSTP strongly, we finished the weekends Championships with 7 golds, 8 silver, 3 bronze. This saw KSTP 4th overall in the club rankings for trampoline sports. Our best results yet!!

Our 2016 Tumbling State Champions are: Scott Adam - U11's, Breannah Cauchi - U13's, Damon Louwen - U13's, Rebecca Twomey - U17's, Ethan McGuinness - Junior

Our 2016 Dmt State Champions are: Molly Mamo - U13's, Justin Fokes - U17's

Our 2016 Silver medallists are: Madison Rodd - U11's DMT, Joshua Blench - U11's Tumbling, Molly Mamo - U13's Tumbling, Justin Fokes - U17 Trampoline, Alexa Collins - 17+ Tumbling, Henry Clark - Jnr Tumbling & U17's DMT

Our 2016 Bronze medallists are: Kayla Tanti - U11's Tumbling, Amelia Smith - U13's Tumbling, Damon Louwen - U13's DMT

For the full results head to the Gymnastics NSW link:

http://www.gymnsw.org.au/NSW/Events/Calendar/2016/04_Apr/Senior_State_championships/TRP/TRP_RESULTS.aspx

Thank you to all our parents as always for your endless support and an extra special thank you to our volunteers, judges and coaches. Such a great job by all, Well Done Team!!



KSTP Well Represented on NSW State Team for Nationals!

This years Australian Championships will see KSTP well represented on the NSW State Team, with a record of 13 athletes from our Tigers, Advanced and Elite groups attending the Championships.

The Australian Championships will be held at Melbourne's Hisense Arena from 23rd May to 4th June with the Trampoline sports hitting the floors from 1st to 4th June.

To compete at this level athletes had to qualify by obtaining a minimum score at the State Senior Age Championships that were held on the 9th and 10th April.

KSTP is extremely proud to announce our athletes that are joining the NSW State Team are:

Top row l-r: Breannah Cauchi, Henry Clark, Alexa Collins, Rylee McKeon, Madison Rodd

Middle row l-r: Amelia Smith, Rebecca Twomey, Shaely Campbell, Damon Louwen

Bottom row l-r: Joshua Blench, Soraiah Jones, Justin Fokes, Molly Mamo

Stay tuned to our FaceBook page to keep up to date with the latest information from the event as we get closer.



KSTP's New Uniform and Training Gear

If your child is competing please ensure their uniform fits and an order is placed at the front desk for any items they may require. Leotards are made to order. We have limited stock of the tracksuit, polo, singlet and hoodie. For pieces not in stock we will be placing an order for those that have paid a deposit only. As the items come from overseas, it does take some time, we are unable to order pieces for quick delivery therefore athletes need to ensure they allow plenty of time prior to competition. Please see the front desk for sizing.

**Hurry order
about to be
placed!**



**Hoodie Now
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KSTP Uniform Prices

Compulsory items for competition marked *

Tracksuit Jacket \$60*	Girls Competition Leotard \$180*
Tracksuit Pants \$50*	Boys Competition Leotard \$115*
Hoodie \$65	Girls Training Leotard \$95
Polo \$35*	GK Shorts \$35*
Singlet \$28.50	Club Training T-Shirt \$20



Cadbury Fundraiser money is now overdue. Please return your \$60 or money with left over chocolates to the front desk asap.

Did you know we have a website and Facebook page?



For all the latest news head to:
www.kstp.com.au
@ Kachan School of Tumbling

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Important Dates to Remember

DATE	EVENT	DETAILS	VENUE
May			
Saturday 7th	KSTP Twilight Competition	Warm up 2.30pm Comp Starts 3.30pm to approx. 7pm	KSTP
Sunday 22nd	State Team Training	Times TBC	Rooty Hill
June			
Wed 1 st – Sun 5 th	Australian Gymnastics Championships	As per Gymnastics NSW program	Melbourne
Mon 27 th – Sat 1 st	Open Gym for parents		KSTP
July			
Monday 4 th	School Holidays	Competitive & Squads continue	KSTP
Monday 18 th	First day of term 3	Recreational Classes resume	KSTP
Sat 30 th & Sun 31 st	State Levels Trial 1	TBC	Rooty Hill
August			
Sat 20 th & Sun 21 st	State Levels Trial 2	TBC	Rooty Hill
September			
Saturday 3 rd	State Levels Team Training & Team Building	2.30pm – 5.00pm	KSTP
Sat 10 th , Sun 11 th	State Levels Championships	TBC	Rooty Hill
Mon 12 th – Sat 17 th	Open Gym for parents		KSTP
Saturday 17th	National Clubs Training & Team Building	2.30pm – 5.00pm	KSTP
Thur 22 nd – Mon 26 th	National Clubs Carnival	Details TBC	Bendigo
Monday 26 th	School Holidays	Competitive & Squads continue	KSTP
October			
Monday 10 th	First day of term 4	Recreational classes resume	KSTP
November			
Saturday 12th	Showcase Rehearsal	TBC	KSTP
Saturday 26 th	Showcase	TBC	KSTP
December			
Saturday 17 th	Presentation and Disco	Details TBC	Panthers Richmond

Parent Open Gym Week

Open Week for parents will take place the last week of the term. Parents are welcome to come and watch your children participate in their class.

To ensure a safe environment for all our athletes and families we ask that you avoid moving around once inside the gym, if you have to bring siblings, please ensure they also remain in their seat and definitely stay behind the designated area, do not encourage your children participating in a class to come to you.

Classes will be open for parents to watch on:

Mon 27th, Tues 28th, Wed 29th, Thur 30th* June & Sat 2nd July.

* Thurs Levels class parents are asked to watch their child's other class in the week.



Thank you to our sponsors for helping our high performance athletes attend their first International Club Training Camp in Denmark!



For more information contact your local branch on

13 40 40



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