



KSTP Club News

Term 2 2015

Welcome

Dear Parents and friends

We would like to take this opportunity to welcome our new families who have recently joined us. We hope you and your children find fulfillment and enjoyment within our classes. We look forward to seeing your children grow and thrive within our club.

On a more personal note we would like to share with you that our twins Ivan and Isaac are growing quickly and doing well, at 5 months old now it won't be long until they are permanent fixtures in the gym with their brother and sister Timofei and Alexsa.

Also while talking family, Dima's parents Jenya and Nadia are visiting from Belarus until the end of June. It is great to have them around spending time with their grandchildren and experiencing our life at the gym. If you see them around please say "privet" which means 'hi' in Russian.

Finally we would like to thank our fantastic staff and coaches for their continual commitment and support we feel very lucky and grateful to have such a wonderful team around us. It's re-assuring to know when we are not in the gym our coaches can maintain the same professional standard.

Dima and Rebecca Kachan

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Queens Birthday weekend
Training will be on as usual for all classes on
Saturday 6th and Monday 8th June.

Parent Open Gym Week

Open Week for parents will take place the last week of the term. Parents are welcome to come and watch your children participate in their class.

To ensure a safe environment for all our athletes and families we ask that you avoid moving around once inside the gym, if you have to bring siblings, please ensure they remain in their seat and definitely must stay behind the designated area, do not encourage your children participating in a class to come to you. Please no food is to be consumed inside the gym.



Classes will be open for parents to watch on:

Mon 22nd, Tues 23rd, Wed 24th, Thur 25th* & Sat 27th June.

* Thurs Levels class parents are asked to watch their child's other class in the week.

Did you know we have a website and Facebook page?

For all the latest news head to:
www.kstp.com.au



@Kachan School of Tumbling & Performance

It's Competition Season!

Australian Championships 2015

KSTPs best results yet!!! 12 athletes, 14 medals and 5 new Australian titles!

KSTP was well represented in the NSW Trampoline/Tumbling team at last weeks, Australian Championships that were held in Melbourne. In addition to our athletes KSTP owner/head coach Dzmitry Kachan was selected as the State Team Tumbling Coach.

This year saw our best results to date, with some great finishes in trampoline and dmt as well as tumbling. Our 2015 Australian Champions are: Jack Hemmings - Junior Tumbling, Ethan McGuinness - Youth Tumbling, Ellie Smith - Youth Tumbling, Damon Louwen - Under 11s Tumbling, Ellie Smith, Emily Robertson-Hahn, Sophie Wilson - Youth Tumbling Team.

To see the full results click the link to take you to the Gymnastics Australia results page <http://ausgymnasticschamps.com.au/results/>

Congratulations to all our athletes and coaches we are so proud of you all.



Photo: top row l-r Henry Clark, Jack Hemmings, Blake Grainger, Justin Fokes, Zachariah Salameh, Ethan McGuinness, Damon Louwen. Bottom row l-r Molly Mamo, Emily Robertson-Hahn, Alexa Collins, Sophie Wilson, Ellie Smith, Breannah Cauchi.

KSTP's Annual Friendly Interclub Competition Wrap Up



On Saturday 16th May we held our annual Friendly Interclub Competition. With 102 athletes competing in events across Tumbling, Trampoline, Double Mini Trampoline and Single Mini it was a great day.

For many athletes this was their very first competition and what better venue than at their own club. As always the emphasis on 'friendly' meant it was a great 'team building' event, in a relaxed atmosphere.

We are so thrilled with how the day went, the enthusiasm in the gym from our athletes was lovely to watch. Of course this event would not be made possible without our team, firstly our expert competition coordinator Vanessa Catto who spent endless hours working on the schedule, our coaches who worked so hard with each athlete preparing them for the competition, our administration staff and of course our parent volunteers. We thank you all. For full results click the link to take you to Gymnastics NSW friendly comp results page: <http://www.gymnsw.org.au/page.php?id=120>

2015 State Levels Championships

The 2015 State Levels Championships will be held at the Sydney Gymnastics Aquatic Centre in Rooty Hill on the 29th and 30th August.

Who can attend?

KSTP coaches will select athletes from our competitive programs and squads who are ready to compete at the required level. Children must be 6 to compete. The athlete must have their fees up to date and have paid their competitive Gymnastics NSW Affiliation.

Is there automatic entry?

To participate at the State Level Championships athletes are required to compete at a trial to qualify. The trials, also held at Rooty Hill will be on the 18th/19th July and 8th/9th August.

What if I have plans on the trial dates?

The coaches will advise families what trial date children will be attending. If you know ahead of time that you are unavailable for one of the weekends then you must advise the front desk asap. Once athletes are entered we are unable to make changes and therefore associated costs are to be paid by families.

Is there a cost?

Yes, there is an athlete entry for both the trial and Championships. Based on 2014 the cost is \$71.50 one event, \$82.50 two or more events (subject to change). This entry fee is non refundable unless a doctors certificate is provided to Gymnastics NSW. The entry fee is due prior to the competition.

What does my child wear?

All athletes are required to wear full KSTP uniform. This includes leotard and tracksuit.



General News

Outstanding accounts

For families who still have money outstanding we ask that this is paid by the end of the term.

We appreciate that families have many bills to pay and for this reason offer payment plans.

If you prefer to set up a payment plan for Term 3 please discuss with the front desk.

Eftpos Machine

KSTP now accepts eftpos payments. There is a small fee of 2.3% for using credit while savings and cheque transactions are fee free. We trust this new payment method will help families pay fees.



Term 2 Fundraisers

We had a goal in mind for our Term 2 Fundraisers, additional heating in the gym! We are please to say we are now in the process of meeting with the church's WHS officer to advise the best way to go about heating the Roman Hall.

Club Competition -We raised \$1398 from the athletes entry fee, the cake stall, canteen and bbq. This could not have been achieved without all our athletes who attended our competition and the wonderful volunteers on the bbq, canteen and those that contributed to the cake stall. Thank you.

Mufti Week - To date \$620 was raised from mufti day. A big thank you to the families who sent the \$5.00 along with your child. For those that have not yet paid their \$5, your contribution will be added

to your term 3 invoice.

Term 3 Fundraiser

Do you have a fantastic idea that we could use for our term 3 fundraising? We would love to hear.

Feedback / Suggestion Box

We have placed a feedback box on the table in the foyer. We encourage families to provide us with feedback, good or bad, all feedback will assist us with making improvements. You may remain anonymous if you prefer.

Lost property

Please check the lost property basket in the foyer, we have many items such as uniforms, drink bottles, clothing. At the end of term we will donate the non KSTP items to the bargain barn.

End of Year Events...Save the date!

We are pleased to announce that we have locked in the dates and venue for our 2015 Showcase and Presentation. Both events are for all members at KSTP from KinderGym right through to Elite.

2015 KSTP Showcase - Movie Mania Theme Saturday 7th November

Our end of year concert is always a lot of fun and the children enjoy the opportunity to dress up and put on a performance with their parents in the audience. The showcase involves every athlete at KSTP. We pride ourselves on making this day affordable by providing the costumes. Tickets will go on sale in term 3, again at a very affordable price. Stay tuned for more details.



2015 Presentation & Disco

Saturday 19th December 2pm—5.30pm.

This year we have a new venue for our end of year presentation and disco, "Panthers North Richmond". With the new venue tickets are only \$5 pp with children under 5 free. The bar and café will be open for families to buy snacks and drinks. Be sure to save the date! This is a great family event where we celebrate the year in a relaxed atmosphere with our award presentation, kids disco. Each family receives a special gift.

KSTP Merchandise

Track Suits, Polo's & Leotards

Our tracksuit and polo shirts are available for any member at KSTP.

All athletes who will be competing at State Levels are required to wear the full KSTP uniform. Leotards need to be ordered at least 5 weeks prior to competition. Please see Vicky at the front desk.

Second Hand Uniforms

Do you have any items of our uniform that no longer fits your child? KSTP happily buy back tracksuits, polos and leotards that are in a good re-sellable condition at half the price to then on-sell at the half price rack.





KinderGym Classes

Monday, Tuesday, Wednesday
and Thursdays. 10am - 11am.

KSTP's KinderGym class provides a wonderful opportunity for parents/carers to come together with their child in a fun and relaxed atmosphere and is an ideal time for children to interact with other children.

KinderGym ensures that pre-school-aged children can experience a wide range of movement activities and be encouraged to think, create, construct and solve problems with their bodies.



Tiny Tumblers

Monday, Tuesday, Wednesday and Thursday.
11.15am—12.15pm.

At KSTP we recognize that as children progress they like to become more independent during their class.

KSTP's Tiny Tumblers class follows the same principals as KinderGym with the difference being that the parent/carer is not involved in the class.

Tiny Tumblers is a transition for children to move into one of our pre-junior squads and/or GymFun class.



KSTP Birthday Parties



Parties at KSTP are proving popular not only with our club members but also our local community.

Party package start at \$300 for up to 15 children which includes 2 hours exclusive use of the gym with our coaches who will facilitate the fun.

Our colourful party room is perfect for guests to enjoy their party food and cake that have been bought from home.

Parties are held on Saturday afternoons.

Winter is the perfect
time to have a KSTP
Party.

For further details visit our website, call us on 0435 155 834 or email us at info@kstp.com.au

Important Dates to Remember

DATE	EVENT	DETAILS
JUNE		
Monday 8th June	Queens Birthday	Classes on as normal
Monday 22 – Saturday 27	Welcome Parents & Friends	Gym open to watch your children (excluding Levels on Thursday evening)
Monday 29 – Tuesday 30	School Holidays – Training Continues for squad and competitive programs	No training for Recreation programs only.
JULY		
Monday 1 – Sunday 12	School Holidays – Training Continues for squad and competitive programs	No training for Recreation programs only
Monday 13 July	Recreation classes resume	
Saturday 18 & Sunday 19	State Levels Trial 1	Pre-Selected athletes only
AUGUST		
Saturday 8 & Sunday 9	State Levels Trial 2	Pre-Selected athletes only
Saturday 22	State Team Training	Qualifying athletes only
Saturday 29 th & 30 th	State Levels Championships	Qualifying athletes only
SEPTEMBER		
Monday 14 – Saturday 19	Welcome Parents & Friends	Gym open to watch your children
Saturday 19	National Clubs Team Building Day and parent meeting	At KSTP
Saturday 19	Special Fundraising event	tbc
Monday 21 to Sunday 4	School Holidays	No training for Recreation programs only
Thursday 24 – Sunday 27	National Clubs	Pre-selected athletes only
OCTOBER		
Monday 5	Training resumes	
NOVEMBER		
Saturday 7	Showcase	All athletes required
DECEMBER		
Wednesday 2 – Thursday 4	World Age Championships 2015	Qualifying athletes only
Saturday 19	Presentation	All athletes. Panthers North Richmond

School Holidays

School holiday training continues for all athletes in a squad or competitive class. Please advise the front desk asap if your child will not be at training in the holidays. With State Levels Championships in August it is highly recommend those competing attend training. Even a small amount of time off will put an athlete back in their training.