

2019 AUSTRALIAN GYMNASTICS CHAMPIONSHIPS

WRAP UP



The 2019 Australian Championships were held at Melbourne's Hisense Arena. KSTP had 18 representatives on the NSW Team competing over the three disciplines, Tumbling, trampoline and DMT with KSTP Head Coach Dima appointed the State International Stream Tumbling Coach with Jack Hemmings the State National Stream Coach for Tumbling.

During the event KSTP and some of our athletes were acknowledged by the National Committee. Congratulations to the following;

- KSTP awarded the 2018 Coaching Team of the Year for Trampoline Sports.
- Tamia Fonua awarded the Trampoline Sports Junior Female Gymnast of the Year
- Jack Hemmings received an acknowledgement for competing at his tenth Nationals.

Our athletes were amazing on the floor, many achieving personal records with scores or routines We are proud to share the following outstanding results:

10 GOLD medals and new Australian Champions

Ayla Knappick in National Level 7 Tumbling and DMT

Damon Louwen in Youth U15 Dmt

Ethan McGuinness in Senior Tumbling

Hayley Sepping in National Level 7 Individual Trampoline & Synchronized Trampoline with partner

Joshua Blench in Youth U13 Tumbling

Molly Mamo in Youth U15 Dmt

Rylee McKeon in Youth U13 Tumbling

Tamia Fonua in Youth U15 Tumbling

Team Tumbling Event: Female Tamia, Molly, Koralee and Rylee

Team Tumbling Event: Male Ethan, Blake, Jack and Josh

5 SILVER medals

Blake Grainger in Senior Tumbling

Damon Louwen in Youth U15 Tumbling

Hayley Sepping in Youth U15 Dmt

Molly Mamo in Youth U15 Tumbling

Team DMT Event: Cheyanna and Molly were selected to be part of NSW Woman's International Team.

3 individual BRONZE medals

Jack Hemmings in Senior Tumbling

Koralee Catlett in Youth U15 Tumbling

Madison Rodd in Youth U15 Dmt

In addition to the National competition an interesting part of the Australian Championships was the Trans Tasman Cup between Australia and New Zealand. Teams were picked out of all the Aussies to compete in Trampoline and Dmt.

In a huge accomplishment our representatives made up half the girl's team. Congratulations to Cheyanna, Molly and Koralee on their GOLD medal win in the Dmt event along with the team.

Full results are as below;

- Alysse Duffy 14th National Level 6 Tumbling & 16th National Level 6 Dmt
- Ayla Knappick 25th National Level 6 Trampoline & 12th National Level 6 Sync
- Cheyanna Robinson 4th Junior U22 Tumbling & 7th Senior Dmt
- Ella Hamilton 4th Youth U15 Tumbling & 13th Youth U15 Dmt
- Hayley Sepping 6th Youth U15 Tumbling
- Jaid Otrupeck 5th Junior U22 Tumbling
- Joshua Blench 6th Youth U13 Dmt, 16th National 6 Trampoline & 5th National Level 6 Sync
- Koralee Catlett 4th Youth U15 Dmt
- Madison Rodd 5th Youth U15 Tumbling
- Rylee McKeon 4th Youth U13 Dmt & 30th National Level 5 Trampoline
- Shannon Usher 6th Junior U22 Tumbling
- Tamia Fonua 10th Youth U15 Dmt

A huge thank you and congratulations to all team NSW, the coaches, officials and chaperones and further more to [Gymnastics Australia](#), the Trampoline Sport staff, all judges and volunteers for making #AGC19 a huge success.

A final Congratulations to all our competitors and club coaches in Dima, Vanessa and Jack. Job well done team!! Onwards & Upwards! As always, a huge thank you to all the families for your ongoing support as we all work together to help these awesome young athletes achieve their dreams.



Top L-R; Ayla Knappick, Koralee Catlett, Molly Mamo, Hayley Sepping. Second Row; Ella Hamilton, Jaid Otrupeck, Madison Rodd, Breannah Cauchi, Tamia Fonua. Third Row; Damon Louwen, Jack Hemmings, Ethan McGuinness, Cheyanna Robinson, Blake Grainger. Bottom Row; Shannon Usher, Rylee McKeon, Joshua Blench, Alysse Duffy.