

# 2021 NSW STATE REPRESENTATIVE & TEAM CAPTAIN

*Introducing KSTP Athlete*

## JACK HEMMINGS



**1st Senior Tumbling  
1st Int Tumbling Team**

**14TH  
NATIONALS**

Age; 22

How long have you been in the sport: 18 years

What do you like most: How unique it is and how it lets me push my human limits.

Greatest achievement in the sport: 4th place in the team tumbling final at the World Championships in Tokyo.

What is the most challenging part: Trying to accept that failure is normal.

What do you do for fun outside the gym: Woodwork

Favourite food: Sushi

What are your personal goals: To achieve a medal at an international event & be remembered as one of the best of the best.

