

KSTP HIGH PERFORMANCE & ELITE ATHLETES 2025 COMPETITION SELECTION POLICY

POLICY NAME: KSTP High Performance & Elite Athletes Competition Selection Policy

DATE OF ISSUE: November 2021

DATE OF REVIEW: September 2025

DATE OF NEXT REVIEW: September 2026

CONTROLLING BODY: KSTP Management

Event	State Elite Championships, National Clubs Carnival, Australian Championships, Indo Pacific, World Age Championships Competition, Team International Age Competitions, World Cups and World Championships
Performance Targets	<ul style="list-style-type: none"> • Athlete trains to make finals • Athlete to aim for a podium finish • Athlete to provide a quality performance • Athlete to have the confidence in themselves and coach
Team Expectation	<ul style="list-style-type: none"> • Athletes are to conduct themselves in the highest manner that will contribute to building a positive reputation for the sport in Australia. • Athletes representing Australia are reminded they are responsible for building a strong foundation in Tumbling and DMT. • Meeting with others within the Tumbling/DMT community, to promote the sport. • Be role models for younger athletes
Requirements to attend international events	<p>In order to be considered for selection, athletes must:</p> <ul style="list-style-type: none"> • Meet the selection process as outlined by Gymnastics Australia policy • Provide a high level of performance in the gym • Demonstrate they are working towards the performance targets, as outlined above. • Be achieving their individual goal for international competition as set by the coach • Demonstrate quality tumbling/dmt in all areas including: technique, speed, strength, power. • Demonstrate commitment to achieving world's personal best DD in their individual development. • Follow the development plan as set by the coach. • Show they are emotionally ready to take on such a competition.
Parent Involvement	<ul style="list-style-type: none"> • Three way communication between athlete, coach and parents is required. • 100% commitment from all parties is imperative. • Meet with the coach at any stage for a meeting if required.
Final Allowance	<ul style="list-style-type: none"> • Athletes will be required to participate in mock competitions, this will be used to determine readiness and analyse the best passes for competition. • Routines will be chosen by their performance in training and based on consistency, landing, safety and execution to ensure the best outcome in competition. <p>During competition it is expected athletes can;</p> <ul style="list-style-type: none"> • Complete good quality passes • Demonstrate landing at 100% • Able to perform the passes in different circumstances ie: floor, weather etc • Can perform a passes in preparation for what may be required in finals • Demonstrates higher level of requirement within the gym than may be required in competition.
Decision	<ul style="list-style-type: none"> • Only the Coach is responsible for the decision on whether an athlete can attend or not depending on the performance.

Parents and athletes to sign to acknowledge they have read and understand the policy, signed copy to be given to the front desk.

Athletes Name: _____

Parents Name: _____

Athletes Signature: _____

Parents Signature: _____

Date: _____

Date: _____

