

Welcome to KSTP

Kachan School of Tumbling & Performance (KSTP) provides a fun and safe environment for children of all ages and abilities. Operating since 2009, KSTP is a family run business with owners Dzmitry and Rebecca Kachan locals in the Hawkesbury.

Our team of experts are dedicated to the disciplines of Tumbling, Double Mini Tramp & Trampoline, and all coaches hold a current working with children check as well as their appropriate coaching accreditation through Gymnastics Australia. Our aim is to deliver quality services and education to enrich the lives of children, providing them with an environment where they can thrive, excel and achieve through dedication, commitment and hard work.

At KSTP, our focus is on providing a quality experience for all members nurturing each students strengths and instilling a sense of confidence and achievement. Our programs focus on effort and attitude, which we believe is important for the development of your child no matter the program they participate in. All programs and plans are created under the guidance of our head coach, ensuring children at all levels continually learn and develop their skills safely.

Our head coach Dima is the NSW and Australian tumbling coach, developing National tumbling and trampoline competitors who have gone on to win many titles. Internationally we began competing at the World Age Group Competition in 2013, and Senior World Championships in 2019. Amongst numerous world medals, we had an athlete become the Senior World Tumbling Champion in 2022 and again in 2025.

In 2025 we also had numerous representatives on State and National teams bringing home several medals from the Australian Gymnastics Championships, a bronze medal in the U15 World Age DMT Competition, plus Gold in the Junior World Championships for DMT and tumbling. As a club we have won the GNSW State Levels Championships and Coaching Team of the year since 2015 and in 2018, 2022 & 2023 were the recipients of Gymnastics Australia's Trampoline Sports Coaching Team of the Year.

We look forward to welcoming you to our centre and will be happy to discuss class options with you.

Dima & Rebecca Kachan



739 George St. South Windsor
(Grounds of Windsor District Baptist Church)

0435 155 834

info@kstp.com.au

www.kstp.com.au

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@Kachan School of Tumbling & Performance

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@kachan_school_of_tumbling



TRAMPOLINE GYMNASTICS
NSW TUMBLING HIGH PERFORMANCE PROGRAM

**KSTP is proud to be recognised as a
Gymnastics NSW Tumbling Centre of Excellence**

JUNIOR DEVELOPMENT

Development programs guiding children to reach their full potential

State Levels Stream

Pre Competition Program
Developing Program Level 1
Developing Program Level 2
Developing Program Level 3



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Competitive Classes

Pre Competition Program - Shining Stars

Pre Competition Program is a first-year squad for children aged 5-7 from Tiny Tumblers and recreational programs who show readiness for the next stage of learning. This program focuses on all disciplines using the base of what has already been learned and beginning to turn focus towards execution and technique. Athletes begin developing the skills required to compete in the State Stream Levels System.

Developing Program Level 1 - Shooting Stars

Developing Program Level 1 is a squad for athletes aged 7-9 years already accomplished in basic skills and processes. These selected children show a readiness to take their learning further and begin their experience in competitions through the State Levels Stream. A greater focus will be placed on strength, and flexibility which will deliver quality in the execution of their skills.

Developing Program Level 2 - Super Stars

Developing Program Level 2 is a competition squad for athletes aged 7-9 years showing high execution of fundamental skills. These selected children are ready to begin learning more difficult skills across tumbling, trampoline and DMT. They are working to gain the confidence and begin developing the body and aerial awareness required for high level routines.

Developing Program Level 3 - All Stars

Developing Program Level 3 is a competition squad for athletes aged 7-9 years showing high execution of basic tumbling connections. These selected children are ready to begin an increased level of connections and skills across tumbling, trampoline and DMT. They are working to gain the strength and determination required to continue increasing their competition levels.



What is expected when your child is in a development program.

Being chosen for our developing programs means your child shows potential in the areas we specialize in.

To enable athletes to learn and improve on the skills required for competition, these programs require a great deal of commitment from the athlete as well as their family.

Athletes in our developing programs are expected to maintain a high attendance record, including the school holidays.

Once athletes reach the year they are turning 10 we have numerous class options to allow them to continue their growth and development in the sport.

Competitions

Once an athlete has the requirements for the appropriate level to compete, the athletes will be required to purchase full club uniform for competitions, including leotard, tracksuit, polo shirt. Athletes can compete from the age of 6.

Competitive Program Timetable

PROGRAM	MON	TUES	WED	THUR	SAT
Pre Competition Program	4.00–5.30pm		4.00–5.30pm		9.30–11.00am
Developing Program Level 1	4.00–6.00pm		4.00–6.00pm		9.30–11.30am
Developing Program Level 2		4.00–6.30pm		4.00–6.30pm	10.00am–12.30pm
Developing Program Level 3		4.00–6.30pm		4.00–6.30pm	10.00am–12.30pm

Competitive Program Fee Structure

PROGRAM	HOURS REQUIRED	11 WEEK BLOCK
Pre Competition Program	2 days (3 hours)	\$536.25
Developing Program Level 1	2 days (4 hours)	\$660.00
Developing Program Level 2	2 days (5 hours)	\$797.50
Developing Program Level 3	2 days (5 hours)	\$797.50

** We ask that all competition families please familiarise themselves with our fees policy and billing cycles, as detailed in the club handbook.*

Gymnastics NSW Annual Registration/Affiliation

KSTP is proudly an affiliated member of Gymnastics NSW as such each member at KSTP must become an affiliated member and required to pay the annual affiliation/insurance fee.

Athletes pay the Competitive Registration which is \$130 and is payable on your first paid class. Athletes in Pre Competition Squad who are not competing at any external competitions will pay \$105. Should they attend an external competition in that year, they will pay the difference that time.

Additional Information

A one off club registration fee of \$55 is payable on joining KSTP. Fees are payable by the invoice due date, however in consultation with our team, a payment plan can be arranged. Early bird discounts apply to competitive programs term invoices. Sibling discounts are available.

Make-up classes are offered in all programs which include an extra day within the week for training.

