

## Welcome to KSTP

Kachan School of Tumbling & Performance (KSTP) provides a fun and safe environment for children of all ages and abilities. Operating since 2009, KSTP is a family run business with owners Dzmityr and Rebecca Kachan locals in the Hawkesbury.

Our team of experts are dedicated to the disciplines of Tumbling, Double Mini Tramp & Trampoline, and all coaches hold a current working with children check as well as their appropriate coaching accreditation through Gymnastics Australia. Our aim is to deliver quality services and education to enrich the lives of children, providing them with an environment where they can thrive, excel and achieve through dedication, commitment and hard work.

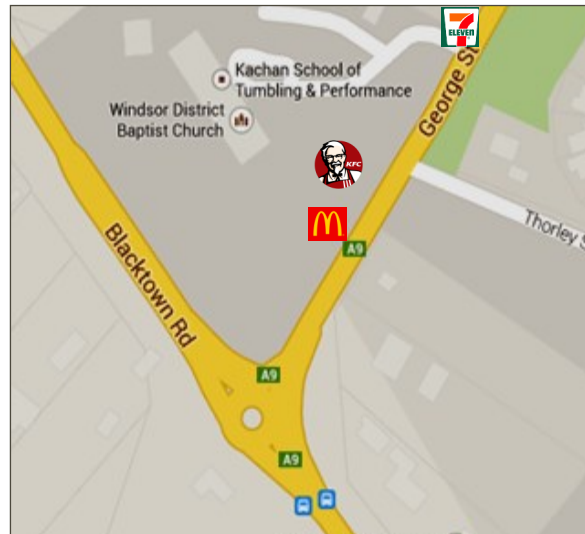
At KSTP, our focus is on providing a quality experience for all members nurturing each student's strengths and instilling a sense of confidence and achievement. Our programs focus on effort and attitude, which we believe is important for the development of your child no matter the program they participate in. All programs and plans are created under the guidance of our head coach, ensuring children at all levels continually learn and develop their skills safely.

Our head coach Dima is the NSW and Australian tumbling coach, developing National tumbling and trampoline competitors who have gone on to win many titles. Internationally we began competing at the World Age Group Competition in 2013, and Senior World Championships in 2019. Amongst numerous world medals, we had an athlete become the Senior World Tumbling Champion in 2022 and again in 2025.

In 2025 we also had numerous representatives on State and National teams bringing home several medals from the Australian Gymnastics Championships, a bronze medal in the U15 World Age DMT Competition, plus Gold in the Junior World Championships for DMT and tumbling. As a club we have won the GNSW State Levels Championships and Coaching Team of the year since 2015 and in 2018, 2022 & 2023 were the recipients of Gymnastics Australia's Trampoline Sports Coaching Team of the Year.

We look forward to welcoming you to our centre and will be happy to discuss class options with you.

*Dima & Rebecca Kachan*



739 George St. South Windsor  
(Grounds of Windsor District Baptist Church)

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info@kstp.com.au

www.kstp.com.au



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@Kachan School of Tumbling & Performance



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@kachan\_school\_of\_tumbling



KSTP is proud to be recognised as a  
Gymnastics NSW Tumbling Centre of Excellence.

## REPRESENTATIVE PROGRAMS

*For the child who wants to become a representative athlete.*

**National and  
International Stream**

**National Development Program  
Youth Development Program  
Open Age Program  
ISD, Elite and HP Program**



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# National and International Development Programs

## National Development Program

National Development Program is a selection based squad where students work towards the National Level for their age group. Age group requirements become the new targets in hopes of reaching level 5 by the age of 11/12. This program requires dedication, hard work and discipline. The aim of this program is to prepare athletes for competition in the age/elite stream and can be where the dream of representing their country is conceived.

## Youth Development Program

Youth Development Program is a selection based squad where students work towards the International requirements for their age group continue in hopes of qualifying for International Selection. This program requires dedication, hard work and discipline. The aim of this program is to prepare athletes for the possibility of international competitions where the dream of representing their country can become a reality.

## Open Age Program

Open Age Program is for athletes who have moved through the levels system, and that have the skills required to compete within in their age groups at Nationals and future International competitions. Usually by this stage, as their chosen sport the athletes along with their families are committed to the program, training times and additional expectations such as nominated competitions which will generally require travel.

## International Stream Development Program / Elite / HP

ISD, Elite and HP athletes have consistently demonstrated their dedication, determination and representation during their career so far. Athletes and families work directly with Dima and must continue to meet the, guidelines relating to performance and self-management including reporting, testing and treatment of injuries.



## What is expected when your child has been selected for a representative program.

A child being selected for a representative squad indicates the child shows great potential in the sport of Tumbling and Trampoline. These squads are where the High Performance pathway begins, the programs are designed to take dedicated athletes to the highest levels, and become members of State and National teams.

The decision to take on the program should be carefully considered by the family as there is a higher level of commitment required. All athletes in our development squads are expected to maintain an excellent attendance record, this includes holiday periods. There is no refund, credit or makeup class for missed classes in National and International Development Programs except for illness where the child is off two weeks or more with a doctors certificate.

Families are expected to block out competition dates to ensure the child is available for competitions. Once athletes reach National requirements they will be working to represent Gymnastics NSW and Gymnastics Australia in Competitions

## National and International Development Timetable

PROGRAM	Mon	Tue	Wed	Thurs	Sat
National Development Program		6.30-8.30am 4.00pm - 6.30pm	4.00pm - 6.30pm		8.30-11.00am
Youth Development Program	6.30-8.30am & 4.00pm - 7.00pm		4.00pm - 7.00pm	6.30-8.30am & 4.30-7.30pm	11.30am-2.30pm
Open Age Program	6.30-8.30am & 5.00-8.00pm	5.00-8.00pm	6.30 - 8.30am	4.30 - 7.30pm	10.30am-2.30pm
ISD / Elite	6.30-8.30am 4.00-7.00pm	4.00-7.00pm	6.30-8.30am & 4.00-7.00pm	3.30-6.00pm	10.30am-2.30pm

\* weekday morning sessions negotiable

## National Age Stream Squads Fee Structure

PROGRAM	HOURS REQUIRED	11 WEEK BLOCK
National Development Program	3 days (9.5 hours)	\$1280.12
Youth Development Program	5 days (16 hours)	\$1804
Open Age Program	5 days (17 hours)	Capped
ISD / Elite	5 days (19.5 hours)	Capped

*\* We ask that all competition families please familiarise themselves with our fees policy and billing cycles, as detailed in the club handbook.,*

## Gymnastics NSW Annual Registration/Affiliation

KSTP is proudly an affiliated member of Gymnastics NSW as such each member at KSTP must become an affiliated member and required to pay the annual affiliation/insurance fee.

Athletes pay the Competitive Registration which is \$130 and is payable on your first paid class.

## Additional Information

A one off club registration fee of \$55 is payable on joining KSTP. Fees are payable by the invoice due date, however in consultation with our team, a payment plan can be arranged. Early bird discounts apply to competitive programs term invoices. Sibling discounts are available.



Class times and fees are subject to change without notice.