

Welcome to KSTP

Kachan School of Tumbling & Performance (KSTP) provides a fun and safe environment for children of all ages and abilities. Operating since 2009, KSTP is a family run business with owners Dzmitry and Rebecca Kachan locals in the Hawkesbury.

Our team of experts are dedicated to the disciplines of Tumbling, Double Mini Tramp & Trampoline, and all coaches hold a current working with children check as well as their appropriate coaching accreditation through Gymnastics Australia. Our aim is to deliver quality services and education to enrich the lives of children, providing them with an environment where they can thrive, excel and achieve through dedication, commitment and hard work.

At KSTP, our focus is on providing a quality experience for all members nurturing each students strengths and instilling a sense of confidence and achievement. Our programs focus on effort and attitude, which we believe is important for the development of your child no matter the program they participate in. All programs and plans are created under the guidance of our head coach, ensuring children at all levels continually learn and develop their skills safely.

Our head coach Dima is the NSW and Australian tumbling coach, developing National tumbling and trampoline competitors who have gone on to win many titles. Internationally we began competing at the World Age Group Competition in 2013, and Senior World Championships in 2019. Amongst numerous world medals, we had an athlete become the Senior World Tumbling Champion in 2022 and again in 2025.

In 2025 we also had numerous representatives on State and National teams bringing home several medals from the Australian Gymnastics Championships, a bronze medal in the U15 World Age DMT Competition, plus Gold in the Junior World Championships for DMT and tumbling. As a club we have won the GNSW State Levels Championships and Coaching Team of the year since 2015 and in 2018, 2022 & 2023 were the recipients of Gymnastics Australia's Trampoline Sports Coaching Team of the Year.

We look forward to welcoming you to our centre and will be happy to discuss class options with you.

Dima & Rebecca Kachan



739 George St. South Windsor
(Grounds of Windsor District Baptist Church)

0435 155 834

info@kstp.com.au

www.kstp.com.au

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@Kachan School of Tumbling & Performance

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TRAMPOLINE GYMNASTICS
NSW TUMBLING HIGH PERFORMANCE PROGRAM

**KSTP is proud to be recognised as a
Gymnastics NSW Tumbling Centre of Excellence**

COMPETITION CLASSES

For the athlete who wants to become part of a team and work towards being the best they can

State Levels Stream

Open Intermediate Levels
Pre Advanced Levels
Open Advanced Levels



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Competitive Classes

Open Intermediate Levels

Open Intermediate Levels, is a selective program for athletes from the age of 10 who wish to compete and be part of a team. We take the skills already practiced and begin putting them together into routines following the Gymnastics NSW Competition Requirements. Great emphasis is put on the technique and execution of basic skills across all disciplines, in order to learn the routines and combinations required for competition.

Pre Advanced Levels

Pre Advanced Levels, is a competitive squad for children aged 10-12 who show excellent technique in fundamental tumbling, progressing nicely through the lower levels requirements. Selected athletes will show the right strength, form and skills to carry them forward to Level 4 and above in the Australian Levels Program. This class requires a high work ethic from all athletes, and persistence and determination to reach their potential.

Open Advanced Levels

Open Advanced Levels, is a competitive squad for children over the age of 12 who have been working well and progressing through competition requirements. Selected athletes show the right strength, form and skills to carry them forward to Levels 4 and above in the Australian Levels Program. Athletes require persistence courage and hard work, skills they can apply in all aspects of their lives.



What is expected when your child is in a competitive program.

Being chosen for the competitive stream means your child shows potential in the areas we specialize in.

To enable athletes to learn and improve on the skills required for competition, these programs require a great deal of dedication and commitment from the athlete as well as their family.

Athletes in our competitive programs are expected to maintain a high attendance record, including the school holidays.

Competitions

Once an athlete has the requirements for the appropriate level to compete, the athletes will be required to purchase full club uniform for competitions, including leotard, tracksuit, polo shirt.

KSTP hold club competitions, attends State Championships and the National Clubs Carnival. Level 4 routines are required for athletes selected to compete at the National Clubs Carnival

Competitive Program Timetable

PROGRAM	MON	TUES	WED	THUR	SAT
Open Intermediate	5.30 - 8.00pm		5.30 - 8.00pm		9.00-11.30am
Pre Advanced		*6.30-8.30am 5.30-8.00pm		5.00-7.30pm	11.30am-2.00pm
Open Advanced	5.00-8.00pm			*6.30-8.30am 4.30-7.30pm	11.30am-2.30pm

* morning sessions optional

Competitive Program Fee Structure

PROGRAM	HOURS REQUIRED	11 WEEK BLOCK
Open Intermediate	2 days (5 hours)	\$797.50
Pre Advanced Levels	3 days (7.5 hours)	\$1093.12
Open Advanced	3 days (9 hours)	\$1237.50

** We ask that all competition families please familiarise themselves with our fees policy and billing cycles, as detailed in the club handbook.*

Gymnastics NSW Annual Registration/Affiliation

KSTP is proudly an affiliated member of Gymnastics NSW as such each member at KSTP must become an affiliated member and required to pay the annual affiliation/insurance fee.

Athletes pay the Competitive Registration which is \$130 and is payable on your first paid class.

Additional Information

A one off club registration fee of \$55 is payable on joining KSTP. Fees are payable by the invoice due date, however in consultation with our team, a payment plan can be arranged. Early bird discounts apply to competitive programs term invoices. Sibling discounts are available.

Make-up classes are offered in all programs where there is an extra day within the week for training.



Class times and fees are subject to change without notice.